



What are Your Chances of Success in College?

INCREASES chances of success	DECREASES chances of success
Are open to acquiring and refining techniques for better learning.	Don't accept the importance of acquiring and refining the skills essential to college level learning.
Attend review sessions, ask questions in class, and join study groups.	Rarely utilize opportunities that aid knowledge acquisition.
Choose to understand, rewrite & notes, make questions & answers from main ideas & details.	Rereading is studying, emphasize memorizing not understanding, don't rewrite/ reorganize notes.
Read for the purpose of understanding and learning. The goal is to learn and remember the material.	Read mechanically and because it is assigned. The goal is to finish the reading or assignment.
Begin early to study for exams. Areas of confusion are clarified. Help is sought immediately when material is unclear or confusing.	Cramming is common. Areas of confusion are ignored. Recognition not understanding of subject matter is emphasized. Avoids or delays assistance.
Anticipate time needed for assignments and begins early. Break large tasks into smaller pieces.	Misjudge time needed to complete tasks. Begin assignments late so output is below potential.
Want to self-test to discover what has and hasn't been learned <i>before</i> taking exams.	Rarely realize how much has been learned and not learned until exams are returned.
Balance time between academic and personal growth activities.	Spend majority of time on personal growth activities.
Willing to learn and do what is necessary to succeed in college. Develop a plan to do so.	Resist doing what's needed to succeed in college. Have no specific plan to succeed in college.
Choose positive attitudes about learning. Willing to do what is needed to earn a degree.	Choose negative attitudes. Frequently complain about doing what is necessary to earn a degree.